

Prepare for an exciting career as a Peer Support Specialist. Learn to help people in recovery further their recovery and lead healthy, happy, and productive lives.



Training Department
928-460-4411
tnazcare@nazcare.org

For additional services and Wellness Center locations, visit our website at:

www.nazcare.org

Administrative Office
599 White Spar Rd.
Prescott, AZ 86303
Phone: 928-442-9205

Complaints number
1-800-640-2123

Compliance for Fraud and Abuse
928-214-1178

SMI Client Rights
1-877-923-1400

HCIC's Crisis Line 1-877-756-4090

For hearing impaired, please use the Arizona Relay Service at 711 or (800) 367-8939, or find internet assistance at <http://www.azrelay.org/>



As a 501(c)3 non-profit organization, your contributions are gratefully accepted and are tax deductible.



Discovery Wellness Center

**A Place to Discover and
Embrace Recovery**

481 S. 11th St
Show Low, AZ 85901
(928)532-3108

Discovery Wellness Center

Our Vision

Our vision is to assist and empower all people in discovering and embracing recovery and wellness.

Our Mission

Our mission is to provide quality wellness services to individuals and families with mental, co-occurring, and substance use disorders in order to promote recovery and wellness.

Here's what our members have to say:

"I feel like I belong and I am supported "

"It feels and seems like a family "

"I receive one on one support when I need it and I have a choice on what groups are provided at the center "

Discovery Wellness Center is located in the heart of the White Mountains in Show Low. Discovery started in Snowflake and but moved to Show Low in 2004 to meet the greater population needs of peers and families. Discovery has been at the current location since 2005.



We serve adults and their families with mental, co-occurring and substance use issues to promote recovery and wellness. Discovery is a community-based center meeting the community's needs and providing services including recovery support services and peer support. Discovery Center has many partners in the community, such as Change Point Integrated Care, Love 's Kitchen, the Humane Society and Northland Pioneer College. It is also one of NAZCARE's many regional Peer Support Training sites.

Services include

- One-on-one Peer Support
- Education on monitoring skills
- Wellness Planning/Whole Health Management
- Recreational Activities
- Arts/Crafts
- Exercise
- Diet/Nutrition
- Socialization
- Life Skills
- Employment Readiness
- Support Services
- Community Integration
- Peer Whole Health/Wellness Checks
- In-Home Living Skills
- SMART (all addictions) Recovery
- Integrated Wellness