

Prepare for an exciting career as a Peer Support Specialist. Learn to help people in recovery further their recovery and lead healthy, happy, and productive lives.



**Training Department**  
**928-460-4411**  
**tnazcare@nazcare.org**



**For additional services and Wellness Center locations, visit our website at:**

**www.nazcare.org**

Administrative Office  
599 White Spar Rd.  
Prescott, AZ 86303  
Phone: 928-442-9205

Complaints number  
1-800-640-2123

Compliance for Fraud and Abuse  
928-214-1178

SMI Client Rights  
1-877-923-1400

HCIC's Crisis Line 1-877-756-4090

For hearing impaired, please use the Arizona Relay Service at 711 or (800) 367-8939, or find internet assistance at <http://www.azrelay.org/>



As a 501(c)3 non-profit organization, your contributions are gratefully accepted and are tax deductible.



**F.R.I.E.N.D.S.**  
**Wellness Center**

A Place to Discover and Embrace Recovery

1610 Riverview #9  
Bullhead City, AZ 86442  
(928)758-3665



# F.R.I.E.N.D.S. Wellness Center

## ***Our Vision***

*Our vision is to assist and empower all people in discovering and embracing recovery and wellness.*

## ***Our Mission***

*Our mission is to provide quality wellness services to individuals and families with mental, co-occurring, and substance use disorders in order to promote recovery and wellness.*

### ***Here's what our members have to say:***

*"I like having the support of staff in the community."*

*When I found out that I had Cancer, FRIENDS was a great support."*

**Friends Recovering In Empowerment, Needs, and Discovering Support Wellness Center** started as a satellite center meeting once to twice a week at Scooters. Scooter's owner, Joe Coliano, donated the space, pizza, and tokens until 2005 when we moved into our location on Riverview Drive. In 2016, we even expanded at this location to better meet the needs of peers and families.



F.R.I.E.N.D.S. is a community-based center meeting the community's needs. We have many partnerships with Charles of Italy Beauty College, Bullhead City Fire Department, Scooters Family Fun Center, Salvation Army, and Goodwill Industries. F.R.I.E.N.D.S. is a collaborative partner with Mohave Mental Health Clinic and Southwest Behavioral Health.

## **Services include**

- One-on-one Peer Support
- Education on monitoring skills
- Wellness Planning/Whole Health Management
- Recreational Activities
- Arts/Crafts
- Exercise
- Diet/Nutrition
- Socialization
- Life Skills
- Employment Readiness
- Support Services
- Community Integration
- Peer Whole Health/Wellness Checks
- In-Home Living Skills
- SMART (all addictions) Recovery
- Integrated Wellness