

Prepare for an exciting career as a Peer Support Specialist. Learn to help people in recovery further their recovery and lead healthy, happy, and productive lives.



**Chad Kite, Training Coordinator**  
**928-460-4411**  
**ckite@nazcare.org**



**For additional services and Wellness Center locations, visit our website at:**

**www.nazcare.org**

Administrative Office  
599 White Spar Rd.  
Prescott, AZ 86303  
Phone: 928-442-9205

Complaints number  
1-800-640-2123

Compliance for Fraud and Abuse  
928-214-1178

SMI Client Rights  
1-877-923-1400

HCIC's Crisis Line 1-877-756-4090

For hearing impaired, please use the Arizona Relay Service at 711 or (800) 367-8939, or find internet assistance at <http://www.azrelay.org/>



As a 501(c)3 non-profit organization, your contributions are gratefully accepted and are tax deductible.



## **New Directions Wellness Center**

**A Place to Discover and  
Embrace Recovery**

**4550 N Bank St, Suite A  
Kingman, AZ 86409  
(928)753-1213**

# New Directions Wellness Center

## ***Our Vision***

*Our vision is to assist and empower all people in discovering and embracing recovery and wellness.*

## ***Our Mission***

*Our mission is to provide quality wellness services to individuals and families with mental, co-occurring, and substance use disorders in order to promote recovery and wellness.*



Even our saguaro is excited to be here!

New Directions is a community-based center meeting the community's needs and providing wellness services including recovery support services and peer support. We are also one of NAZCARE's Regional Training Centers. New Directions has integrated recovery support services with Next Steps Supportive Housing with both transitional and permanent housing.



New Directions is a wonderful community partner and is always looking for ways to contribute to the Kingman community. We continue to reduce stigma by partnering with the community. New Directions has collaborative partnerships with Mohave Mental Health Clinic (MMHC), Evercare, and Southwest Behavioral Health (SWBH). NAZCARE has implemented a holistic approach to recovery and wellness by addressing the whole person in mind, body, and spirit.

## **Services include**

- One-on-one Peer Support
- Education on monitoring skills
- Wellness Planning/Whole Health Management
- Recreational Activities
- Arts/Crafts
- Exercise
- Diet/Nutrition
- Socialization
- Life Skills
- Employment Readiness
- Support Services
- Community Integration
- Peer Whole Health/Wellness Checks
- In Home Living Skills
- SMART (all addictions) Recovery
- Integrated Wellness