

Prepare for an exciting career as a Peer Support Specialist. Learn to help people in recovery further their recovery and lead healthy, happy, and productive lives.



**Training Department**  
**928-460-4411**  
**tnazcare@nazcare.org**

**For additional services and Wellness Center locations, visit our website at:**

**www.nazcare.org**

Administrative Office  
599 White Spar Rd.  
Prescott, AZ 86303  
Phone: 928-442-9205

Complaints number  
1-800-640-2123

Compliance for Fraud and Abuse  
928-214-1178

SMI Client Rights  
1-877-923-1400

HCIC's Crisis Line 1-877-756-4090

For hearing impaired, please use the Arizona Relay Service at 711 or (800) 367-8939, or find internet assistance at <http://www.azrelay.org/>



As a 501(c)3 non-profit organization, your contributions are gratefully accepted and are tax deductible.



**P.O.W.E.R.**  
**Wellness Center**

A Place to Discover and Embrace Recovery

488 N Main St  
Eagar, AZ 85925  
(928)333-3036

# P.O.W.E.R. Wellness Center

## ***Our Vision***

*Our vision is to assist and empower all people in discovering and embracing recovery and wellness.*

## ***Our Mission***

*Our mission is to provide quality wellness services to individuals and families with mental, co-occurring, and substance use disorders in order to promote recovery and wellness.*



## **People Operating With Empowerment in Recovery**

Wellness Center started in Eagar in 2009 as a satellite center where we shared a space with MIKID. In 2013, we moved into our permanent location on Main Street. P.O.W.E.R. has had longstanding partnerships with Little Colorado Behavioral Health and many other organization in the Round Valley area. NAZCARE has implemented a holistic approach to recovery and wellness by addressing the whole person in mind, body, and spirit.



Members are co-creators of the center and support each other in their recovery. People participate at P.O.W.E.R. to communicate, cooperate, appreciate, and feel empowered to express their full potential. You have the P.O.W.E.R. to change, we can help!

## **Services include**

- One-on-one Peer Support
- Education on monitoring skills
- Wellness Planning/Whole Health Management
- Recreational Activities
- Arts/Crafts
- Exercise
- Diet/Nutrition
- Socialization
- Life Skills
- Employment Readiness
- Support Services
- Community Integration
- Peer Whole Health/Wellness Checks
- In Home Living Skills
- SMART (all addictions) Recovery
- Integrated Wellness